

Free Community Resources



OCTOBER 2026

COLOUR LEGEND:

- VIRTUAL PROGRAMS
- IN-PERSON PROGRAMS
- VIEWPOINTS PROGRAMS
- RAPID ACCESS COUNSELLING



SUN	MON	TUE	WED	THU	FRI	SAT
				1 Women's Group SW 1:30 - 3:00PM Kids Connect (Buchanan School) 3:30 - 5:30PM	2	3
4 Youth Advisory Council 4:00 - 5:00PM	5 Enjoy Your Baby 1:00 - 3:00PM	6 Leaders Lab (Shaganappi) 3:30 - 5:00PM Kids Connect (CN Gunn School) 3:30 - 5:30PM Youth Drop-In 4:30 - 6:30PM	7 Play Together 10:00 - 11:00AM Come Learn with Me 10:00 - 11:00AM Mother Goose at Moksapings 1:30 - 2:30PM Kids Connect (Shaganappi) 3:30 - 5:30PM Food n' Mood 4:15 - 5:15PM	8 Women's Group SW 1:30 - 3:00PM Kids Connect (Buchanan School) 3:30 - 5:30PM	9 Fitness Friday's (Airdrie) 2:00 - 4:00PM	10 Babysitting Safety Course with Airdrie Public Library 10:30AM - 5:00PM
11	12 FRN CLOSED <i>Thanksgiving</i>	13 Kids Connect (CN Gunn School) 3:30 - 5:30PM Leaders Lab (Shaganappi) 3:30 - 5:00PM	14 Play Together 10:00 - 11:00AM Come Learn with Me 10:00 - 11:00AM Mother Goose at Moksapings 1:30 - 2:30PM Kids Connect (Shaganappi) 3:30 - 5:30PM Food n' Mood 4:15 - 5:15PM	15 Women's Group SW 1:30 - 3:00PM Kids Connect (Buchanan School) 3:30 - 5:30PM	16	17 Babysitting Safety Course (Calgary) 10:30AM - 5:00PM
18	19 Enjoy Your Baby 1:00 - 3:00PM Money Made Easy for Youth with CAREYA 5:00 - 6:30PM Know Your Rights Session for Youth (Airdrie) 4:00 - 5:00PM	20 Kids Connect (CN Gunn School) 3:30 - 5:30PM Leaders Lab (Shaganappi) 3:30 - 5:00PM	21 Play Together 10:00 - 11:00AM Come Learn with Me 10:00 - 11:00AM Mother Goose at Moksapings 1:30 - 2:30PM Kids Connect (Shaganappi) 3:30 - 5:30PM Food n' Mood 4:15 - 5:15PM	22 Women's Group SW 1:30 - 3:00PM Kids Connect (Buchanan School) 3:30 - 5:30PM Youth Drop-In 4:30 - 6:30PM	23 Fitness Friday's (Airdrie) 2:00 - 4:00PM	24
25	26 Enjoy Your Baby 1:00 - 3:00PM Money Made Easy for Youth with CAREYA 5:00 - 6:30PM	27 Kids Connect (CN Gunn School) 3:30 - 5:30PM Leaders Lab (Shaganappi) 3:30 - 5:00PM Kinroes - CTR - Basic Connect 5:00 - 6:00PM RAC Counsellor on-site 9:00AM - 4:00PM	28 Play Together 10:00 - 11:00AM Come Learn with Me 10:00 - 11:00AM Mother Goose at Moksapings 1:30 - 2:30PM Kids Connect (Shaganappi) 3:30 - 5:30PM Food n' Mood 4:15 - 5:15PM	29 Women's Group SW 1:30 - 3:00PM Kids Connect (Buchanan School) 3:30 - 5:30PM Family Board Game Night 5:30 - 7:30PM	30	31

Address: Unit 3, 176 Bedford Drive NE, Calgary, AB, T3K 2M9 | Phone: 403-543-0555 | Email: frn@closerhome.com





CREATE CONNECTIONS AT **PLAY TOGETHER**

Come and enjoy some time playing together and connecting with other families. **Our play space is for children ages 0–5.**

THE DETAILS

Date & Time: Wednesdays Mornings 10:00am to 11:00am

Running from June 2026 to June 2027 at our **North Central Family Resource Network**
(Unit 3 – 176 Bedford Dr. NE)



*Parents must remain onsite for playtime.



For questions or more information, please contact:

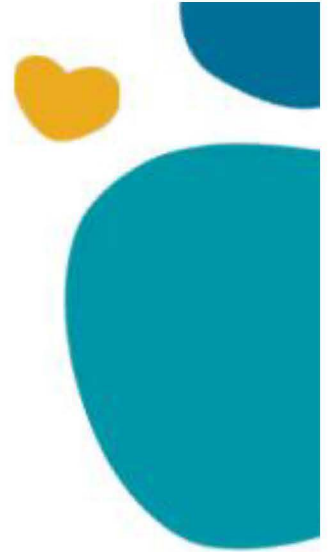
Stef Unsworth

C: 403–615–8598

E: sunsworth@clostohome.com



**Calgary Board
of Education**



JOIN US FOR

Come Learn With Me

Learning Lab is a safe and inviting space where parents and children can come together to connect and learn basic skills with friends. It's a place to build connections and engage in activities that prepare young minds for school and beyond.

- **When:** Sept 16, 2026 – Nov 25, 2026
- Wednesdays at 10am–11pm
- **Where:** Pine Place Community Hub
- (3528 Balsam Drive Southwest)
- Visit our website to Register.



More info?
Email Jessica at the NCFRN
T: 403-333-8872
jold@closerhome.com
closerhome.com





Babysitter's Safety Certification Course (FREE!)

Come and join us!

This FREE babysitting course is for youth aged 12-17 years old. By the end of this course, you will be a certified babysitter by the Alberta Safety Council.

This is a 7-lesson program focusing on Child Development, Positive Behaviour Management, and Home and Outdoor Safety and Injury Prevention.

Date: Saturday, November 14, 2026

Time: 9:00 am - 3:00 pm

Location: Closer to Home, Family Resource Network Office
Unit 3, 176 Bedford Drive NE, Calgary

Scan the QR Code to register!

Registration Deadline:

Friday, November 6, 2026



For more information, please get in touch with

Viewpoints at:

viewpoints@closerthome.com

403-543-0555

closerthome.com



Closer to Home
COMMUNITY SERVICES



Calgary Board
of Education



JOIN US FOR

Leaders Lab

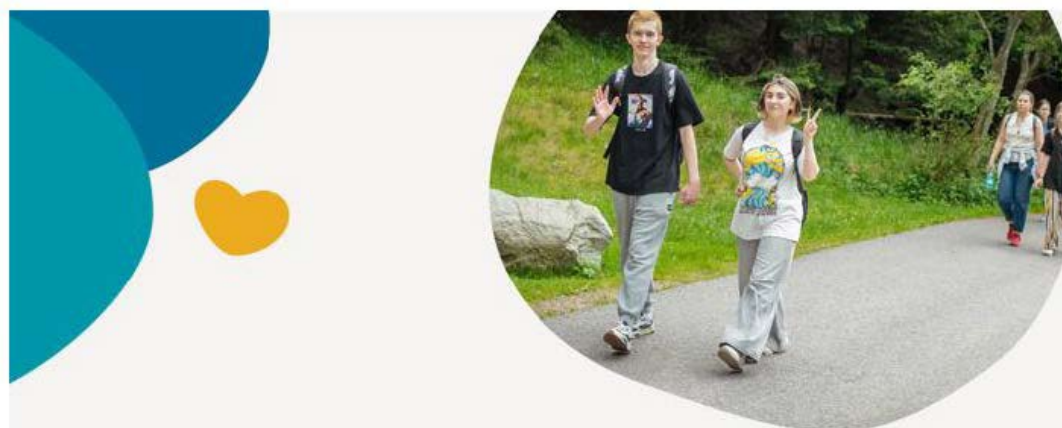
Grades 7 to 9 mark a pivotal transition in a young person's life. Our program equips youth with practical tools to manage stress, foster healthy relationships, and cultivate a resilient mindset. By combining social emotional learning with hands-on, experiential activities, we help students realize that even small, everyday actions can lead to lasting personal and community change.

- **When:** September 15–October 27
- Tuesdays at 3:30pm–5pm
- **Where:** Pine Place resource room 3528
Balsam Drive SW
- Visit our website to Register.



More info? Email Jessica at the NCFRN
T: 403-333-8872
jold@closerhome.com
closerhome.com





Viewpoints Calgary presents: **YOUTH DROP-IN**

Your ultimate afterschool hangout is here

Looking for a great spot to kick back after class? If you're 12 to 17, our drop-in space is packed with everyday activities, games, and space to hang out with friends.

Come try something new, connect with awesome people, and make your afternoons count.

- | | |
|-----------------------------------|---------------------------------|
| ● September 24, 2026, 4:30–6:30pm | ● October 6, 2026, 4:30–6:30pm |
| ● October 22, 2026, 4:30–6:30pm | ● November 3, 2026, 4:30–6:30pm |
| ● November 19, 2026, 4:30–6:30pm | ● December 3, 2026, 4:30–6:30pm |

Spaces are limited! To register, scan the QR Code!



If you have any questions, please get in touch with the Viewpoints Team at:

T: 403-543-0555

E: viewpoints@clostertohome.com





Money Made Easy

Learn. Save. Snack. Succeed.

Learn smart money habits with Carya's Community Financial Wellness team. Explore budgeting, saving, spending, and goal-setting through fun, interactive activities designed for youth ages 12-16. Enjoy free snacks while gaining real-life money skills and confidence for your future.



Mondays

October 19 - November 16



5:00 p.m. - 6:30 p.m.



Closer to Home

Unit 3, 176 Bedford Dr NE, Calgary

PRESENTED BY



To register, visit or call us at:

<https://closerhome.com/programs/money-made-easy/> | 403 543-0555



October



**Huntington Hills -
Community Social Work Program**

Looking for more information?

E-mail: Tina at christina.buchan@calgary.ca

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Community Walking Group 6:30 PM Thorncliffe Text Elysse: 403-710-4229 *EVERY WEDNESDAY	1	2	3
4	5 Women's Mingle & Move 7-8 PM Thornhill Rec	6	7 Fibre Arts with Carleen 1-3 PM Thornhill Rec	8	9 Community Craft & Create 7-9 PM Thornhill Rec	10 Youthful Saturday (Ages 12-17) 12-3 PM Thornhill Rec
11		12 HAPPY THANKSGIVING	13 Neighbourhood Grant Committee 6 PM Online	14	15	17
18	19 Women's Mingle & Move 7-8 PM Thornhill Rec	20 Microgreens & Sprouts Workshop 6-8 PM		22	23 Community Craft & Create 7-9 PM Thornhill Rec	24
25 	26 Women's Mingle & Move 7-8 PM Thornhill Rec		28	29	30 Family Games Night 7-9 PM Thornhill Rec	31 Youthful Saturday (Ages 12-17) 12-3 PM Thornhill Rec





You're invited

Learn about **Planet Youth Calgary** - what we've done so far and what comes next! Join the conversation to help shape the future of your community.

October 30th 5:30-7:30PM

**Thornccliffe Greenview Community
Association-5600 Room
5600 Center St. N**

**Community members of
all ages are invited!**

Scan the QR code to register.
Food will be provided.



OUR PARTNERS





ABOUT THE CONTEST

ERA's 9th Annual Kids Poster Contest invites students across Canada to get creative and show what Reduce, Reuse, Recycle means to them.

Submit an original poster for a chance to win a laptop and help inspire a more sustainable future!

CONTEST DETAILS



Contest Dates:
September 1 – December 15, 2026



Open to: Students across Canada
(Ages 5–18)



Prize: One laptop for the winning entry!



Theme: Reduce, Reuse, Recycle
(Show us what it means to you!)

HOW TO ENTER

- 1 Create an original poster**
Show us your ideas about Reduce, Reuse, Recycle!
- 2 Include your information**
Full name, age, school name, city/province, and a parent/guardian's contact information.
- 3 Submit online**
Upload a clear photo or scanned copy of your poster at:



www.era.ca/kids-poster-contest

Submissions must be received by **December 15, 2026**.

GET IN TOUCH



1-877-9EWASTE (1-877-939-2783)



info@era.ca



www.era.ca/kids-poster-contest

**QUESTIONS?
WE'RE HERE
TO HELP!**

**CLEANER COMMUNITIES
BRIGHTER TOMORROWS**



Learn more at www.era.ca

Follow us:



Because e-waste matters.™



**Calgary Board
of Education**

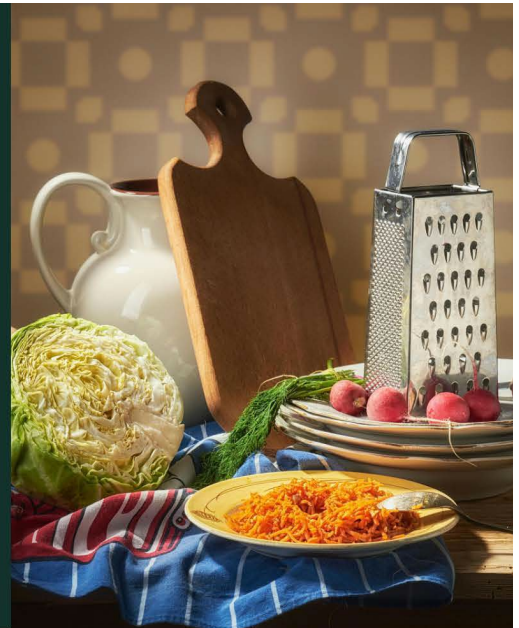


YOUTH EMPLOYMENT WORKSHOP SERIES

ROOTED IN HOSPITALITY

6-WEEK WORKSHOP SERIES

Build confidence. Develop skills.
Prepare for the workplace.



Grow Skills, Build Futures

- Food Safety Certification
- ProServe Certification for Participants 18+
- Front & Back of House Skills
- Customer Service & Kitchen Safety
- Resume, Interview & Job Search Skills
- Workplace Rights, Wellness & Budgeting Skills
- Restaurant Simulations
- Paid Graduation Dinner Work Experience
- Cooking Kit Gift Upon Completion

PROGRAM DETAILS

WHO

- Age 16-22

DATES

- October 6 - November 12
- Tuesdays & Thursdays
- 5:00 - 7:00 PM

LOCATION

- Trellis Renfrew Hub
731 13 Ave NE, Calgary

Ready to get started?

Space is limited. Apply or ask your Trellis worker for more information.



If you have any questions, please email us at employmentservices@growwithtrellis.ca





Want to support great ideas in Huntington Hills?

Neighbourhood Grants provide funding for activities
focusing on: **Social Inclusion, Economic Participation,
Anti-Racism & Truth and Reconciliation**

**Our Neighbourhood Grants program is looking
for community residents to volunteer on a
Neighbourhood Advisory Committee in your community.
Be a part of making a stronger **Huntington Hills!****

No previous committee experience is required.

You will work with other residents from your neighbourhood to review grants.

****Commitment is a few hours a month. Must be a resident of Huntington Hills.**

Must be able to meet online.

For More Information, Contact:

Huntington Hills
CSW Tina Buchan
christina.buchan@calgary.ca

Follow the QR Code
To Learn More





Youth Employment Centre

Book an appointment with an employment counsellor



- ✓ Job search strategies
- ✓ Resume targeting
- ✓ Interview preparation
- ✓ Career planning
- ✓ Connections to employers and more

Ages 15–24

Village Square, Country Hills,
Shawnessy, Saddle Towne Libraries &
Bowness Community Association

With additional locations available

calgary.ca/yec

In partnership with:
Alberta Canada



Scan the QR code
to book an appointment



Calgary



JOIN US FOR WOMEN'S MINGLE & MOVE

Celebrate Your Health & Wellness



7 – 8 PM Mondays

Thornhill Aquatic & Recreation Centre
Large Fitness Studio
(6715 Centre Street NW)

CARDIO & STRENGTH INTERVALS

Aug – 31

Sept – 14, 21 & 28

Oct – 5, 19 & 26

Nov – 2, 9, 16, 23 & 30

Dec – 7, 14, 21 & 28

Drop-In Fee Applies:
Adult (18-64) \$9.20
Senior (65+) \$6.40

REGISTRATION REQUIRED!

Text: 403-710-4229

ALL FITNESS LEVELS & ABILITIES WELCOME





WEDNESDAY WALKING GROUP

Step together. Support each other. Grow stronger. ♥

A welcoming, supportive space for women to connect, move, and build community.



**EVERY WEDNESDAY
6:30 PM**



MEETUP LOCATION
You must text Elysse to get the meetup location.



ALL FITNESS LEVELS WELCOME
Come solo or bring a friend! ♥

FREE!
ALL WOMEN
WELCOME ♥

You must
**TEXT ME
TO REGISTER!**

Text Elysse to join and get all the details.



**BUILD
CONNECTIONS**



**BOOST YOUR
WELLBEING**



**ENJOY FRESH AIR
AND GOOD COMPANY**

To join or get location info: →

Elysse
 **403-710-4229**

Women supporting women, every step of the way. ♥



Calgary Board
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Calgary



Active kids & teens,
stronger communities

sport
HUB



FREE SPORT LESSONS for teens ages 13-17

Sport	Dates	Weekday	Times	Venue	Course#
Soccer (indoor)	Oct 2–Oct 30	Wed & Fri	8:20–9:20 pm	Roland Michener Sch.	134693
Basketball	Oct 3–Nov 28	Saturdays	11:05–12:05 pm	Samuel W. Shaw Sch.	134696
Volleyball	Oct 3–Dec 5	Saturdays	11:05–12:05 pm	Nelson Mandela High Sch.	134699
Tennis (indoor)	Oct 5–Nov 4	Mon & Wed	8:20–9:20 pm	Catherine Nichols Gunn Sch.	134708
Soccer (indoor)	Oct 6–Nov 24	Tuesdays	8:20–9:20 pm	Father Doucet School Gym	134713
Dance	Oct 26–Nov 23	Mon & Fri	7:30–8:30 pm	Bob Edwards School Gym	134715
Dance	Oct 26–Nov 23	Mon & Fri	8:35–9:35 pm	Bob Edwards School Gym	134716



- Led by **experienced sport organizations**
- All equipment provided
- **Scan the QR code to register**

PLANET
Youth®

PARTNER Calgary



Free lessons are funded by United Way
through Planet Youth Calgary

For more information visit calgary.ca/SportHubLessons



Calgary Board
of Education



TUTORING



VOLUNTEERS NEEDED



**WE ARE LOOKING FOR DEDICATED MATH
AND SCIENCE TUTORS FOR JUNIOR
HIGH STUDENTS**



**Scan the QR code for more
information!
or contact**

homeworkhelpers@ymcacalgary.org



 **Huntington Hills Area**



**Sessions will be held every Tuesday and Thursday
3:15-5:15PM. Starting November 18, 2025**



**Calgary Board
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Neighbourhood Grant:

Do you live in Highland Park, Huntington Hills or Greenview?

Small actions can make big impacts. Our grants help residents take action towards building inclusive neighbourhoods. Grants up to \$1000 are provided for activities focusing on **Social Inclusion, Economic Participation, Anti-Racism, or Truth and Reconciliation** in neighbourhoods.

For More Information, Contact:

CSW Tina Buchan
christina.buchan@calgary.ca

Scan the QR Code to Learn More:



ONLINE WORKSHOP

KNOW YOUR RIGHTS AT WORK

 **Tuesday, October 20th, 2026**

 **5:30PM – 7:30PM**

 **Online on Microsoft TEAMS**



Have you ever had a problem at your job? Join our **free** workshop to learn about important information on workplace rights and labor laws in Alberta.

Hours of work, overtime, breaks, holidays, vacations, job protected leaves, termination, etc.

Registration is **REQUIRED** using the QR code. Meeting information will be sent out to those who register.



This program is facilitated by Workers' Resource Centre, resident-initiated, and supported by the City of Calgary social work program. For more info, contact to christine.lee2@calgary.ca





FAMILY GAMES NIGHT

Bring your boardgames to share!!

FREE EVENT
Ages 6+

Fridays | 7 – 9 PM
Sept 18 | Oct 30
Nov 20 | Dec 18

Thornhill Aquatic & Recreation Centre
(6715 Centre street NW)

*Children under 12
must be accompanied by an adult

Register with Elysse:
Text: (403)710-4229
Email: elyssebyyc@gmail.com

Calgary





Calgary



COMMUNITY CRAFT & CREATE



FREE – ALL WELCOME!

**formally crochet club*

Bring your craft, connect, share, and learn together

Snacks & refreshments provided

Ages 6+ | Children under 12 must attend with an adult caregiver



FRIDAYS | 7-9 PM

Sept 11 & 25 | Oct 9 & 23

Nov 13 & 27 | Dec 11

Thornhill Aquatic & Rec Centre
6715 Centre Street NW



Register with Elysse:

Text: (403)710-4229

Email: elyssebyyc@gmail.com



Calgary



YOUTHFUL SATURDAY!

BOARD GAMES, ARTS & CRAFTS,
PIZZA, SNACKS & REFRESHMENTS
*OPTIONAL RECREATION ACTIVITY



FREE EVENT | AGES 12 - 17

SATURDAYS 1 - 3 PM

SEPT 26 | OCT 10 & 31

NOV 14 & 28 | DEC 5 & 19

Thornhill Aquatic & Rec Centre
(6715 Centre Street NW)

Questions?
E-Mail Ben at:
benjamin.miller@ymcacalgary.org

USE THE
QR CODE
TO REGISTER!



Dream it Plan it Build it

AI & TECH EDITION



Every Saturday
Starting Nov 14th



5:30pm to 8:30pm



Thorcliffe Greenview
Community Association

Join us for a **Free** 5-week program for youth ages 14–25 to build skills in creativity, problem-solving, goal setting, action planning, AI and technology, and public speaking.



STRUGGLE
IS YOUR
SUCCESS
SIYS
UNEARTH YOUR POTENTIAL

PLANET
Youth[®]

PARTNER *Calgary*

A UNITED WAY OF CALGARY
AND AREA INITIATIVE



Join
Now



YOU'RE **NOT** ALONE

CALL TOLL-FREE, 24 HOURS, 7 DAYS/ WEEK

Family Violence Info Line **310-1818**

Bullying Helpline **1-888-456-2323**

Child Abuse Hotline **1-800-387-5437**

CHAT ONLINE NOON-8 PM, 7 DAYS/WEEK

familyviolence.alberta.ca

Alberta Government

Know your options.

Not every condition requires emergency.



Health Link
at 811



If you or someone you know is thinking about suicide

Call or Text **9-8-8**



The 9-8-8 initiative has been made possible through a financial contribution from the Government of Canada.



Affiche trilingue disponible ici



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