

John G. Diefenbaker High School

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Career & Community Resources

June 1 - 5, 2026

SUMMER OFF CAMPUS OPPORTUNITIES

Summer Off-Campus allows students to earn high school credits through paid or volunteer work in Calgary. Students must secure job placement and have HCS3000 completed.

Students without a job placement can apply with CAREERS for internships (careersnextgen.ca).

- Work Experience
- Internship
- Registered Apprenticeship Program (RAP)
- **Deadline: June 12, 2026.**

How to apply for these programs: Students meet with their Off-Campus Coordinator – Mr. Coutts.

SAIT Program Updates

There are still a few spots available for these two programs. Contact Mr. Coutts at djcoutts@cbe.ab.ca ASAP if you are interested.

Applications need to be submitted right away.

BUILD YOUR FUTURE.



LEARN. BUILD. SUCCEED. IN THE TRADES.

DUAL CREDIT PRE-EMPLOYMENT PIPE TRADES PROGRAM
AT SOUTHERN ALBERTA INSTITUTE OF TECHNOLOGY

A FEW SPOTS STILL OPEN!

GO TO SAIT NEXT YEAR
LEARN FROM INDUSTRY PROFESSIONALS.

WHAT YOU'LL LEARN:

- PIPEFITTING TECHNIQUES
- PLUMBING SYSTEMS
- SOLDERING & BRAZING
- BLUEPRINT READING
- JOBSITE SAFETY TRAINING
- INDUSTRY TOOLS & PRACTICES

WHY JOIN?

- ✓ EARN UP TO **15** HIGH SCHOOL CREDITS
- ✓ TRAIN AT SAIT
- ✓ EXPLORE CAREERS IN THE PIPE TRADES AND SKILLED TRADES
- ✓ GAIN EXPERIENCE BEFORE GRADUATION
- ✓ LEARN IN PROFESSIONAL SHOPS AND LABS FROM EXPERIENCED INSTRUCTORS

PERFECT FOR:

- GRADE 11 OR 12 STUDENTS WHO:
- ENJOY WORKING WITH THEIR HANDS
 - WANT A CAREER IN THE TRADES
 - ARE INTERESTED IN PLUMBING, PIPEFITTING, AND MECHANICAL SYSTEMS

BUILD SKILLS. BUILD CONFIDENCE. BUILD YOUR FUTURE.

LIMITED SPOTS REMAINING!
DON'T MISS YOUR CHANCE TO START YOUR TRADES JOURNEY NEXT YEAR.

APPLY OR LEARN MORE TODAY!
cbe.ab.ca/programs/high-school/unique-pathways-and-off-campus-education/Pages/dual-credit-pre-employment-pipe-trades.aspx

BUILD YOUR FUTURE.



LEARN. BUILD. SUCCEED. IN THE TRADES.

DUAL CREDIT PRE-EMPLOYMENT CARPENTRY PROGRAM
AT SOUTHERN ALBERTA INSTITUTE OF TECHNOLOGY

A FEW SPOTS STILL OPEN!

GO TO SAIT NEXT YEAR
LEARN FROM INDUSTRY PROFESSIONALS.

WHAT YOU'LL LEARN:

- BLUEPRINT READING
- CONSTRUCTION THEORY
- HANDS-ON CARPENTRY SKILLS
- JOBSITE SAFETY TRAINING
- REAL INDUSTRY TECHNIQUES

WHY JOIN?

- ✓ EARN UP TO **15** HIGH SCHOOL CREDITS
- ✓ TRAIN AT SAIT
- ✓ EXPLORE CAREERS IN CONSTRUCTION AND SKILLED TRADES
- ✓ GAIN EXPERIENCE BEFORE GRADUATION
- ✓ LEARN IN PROFESSIONAL SHOPS AND LABS FROM EXPERIENCED INSTRUCTORS

PERFECT FOR:

- GRADE 11 OR 12 STUDENTS WHO:
- ENJOY WORKING WITH THEIR HANDS
 - WANT A CAREER IN THE TRADES
 - ARE INTERESTED IN CONSTRUCTION, CARPENTRY, OR CABINETMAKING

BUILD SKILLS. BUILD CONFIDENCE. BUILD YOUR FUTURE.

LIMITED SPOTS REMAINING!
DON'T MISS YOUR CHANCE TO START YOUR TRADES JOURNEY NEXT YEAR.

APPLY OR LEARN MORE TODAY!
cbe.ab.ca/programs/high-school/unique-pathways-and-off-campus-education/Pages/dual-credit-pre-employment-carpentry.aspx

Chinook Work Experience

See Mr. Coutts if interested djcoutts@cbe.ab.ca

chinook
learning
services

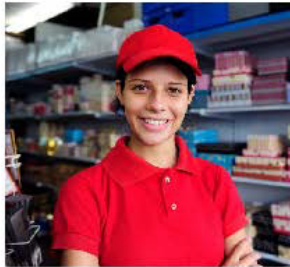
Earn High School Credits on the Job!



You could be eligible to **earn high school Work Experience credits** toward your Alberta High School Diploma!

You must be:

- at least 15 years of age
- currently enrolled in a Calgary Board of Education high school (grades 10, 11 or 12)
- working in a paid or volunteer position



Interested students must register for Work Experience 15-25-35 through **Chinook Learning Services**.



[chinook learning services](#)



Learn More

- **Scan** the QR Code
- **Visit** Chinook's website:
ChinookLearningServices.com/OffCampus.html
- **Email** CLS-SIS-OC@cbe.ab.ca



BRIDGES TO A BETTER LIFE

Supporting Youth Transitioning Out of High School
www.cbfy.ca

ABOUT THE PROGRAM

The Bridges to a Better Life program, delivered by the Calgary Bridge Foundation for Youth (CBFY), supports immigrant and newcomer youth transitioning out of high school — whether due to age limits or limited school space.

WHAT CBFY OFFERS

Resource Connection Connect you with services and programs outside of high school	One-on-One Support Personalized guidance and mentorship tailored to your goals	Application Help Assistance navigating the application process for programs and jobs
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PATHWAYS & OPPORTUNITIES

Language Schools <ul style="list-style-type: none">Chinook Learning Center, Columbia College, Bow Valley College, Equilibrium School High School Upgrading <ul style="list-style-type: none">Chinook Learning Center, Fusion Collegiate, Discovering Choices, Bow Valley College, SAIT	Employment Support Services <ul style="list-style-type: none">Resume writing & interview prep, job search and application supportReferral agencies: Youth Employment Center, Prospects, Carrers Additional Support <ul style="list-style-type: none">Computer/technology access, referrals to other community services
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SPECIALIZED PROGRAMS & ALBERTA SUPPORTS

Students with Special Needs (IPP) <ul style="list-style-type: none">College education with support (Bow Valley College, SAIT, U of C Continuing Ed)Inclusive College Program via IPSE — inclusive education and employment Employment Support (Disability) <ul style="list-style-type: none">Vecova (employment, housing, mental health, community),Calgary Alternative Employment Services (CAES),Prospect Human Services	Alberta Funding & Benefits AISH (Financial Support) Monthly income support + health benefits PDD (Disability Support Program) Life skills programs, job support, community support
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FINAL MESSAGE & NEXT STEPS

Every youth has a future. With the right support: <ul style="list-style-type: none">They can learnThey can workThey can live independently	Your Next Steps: <ol style="list-style-type: none">Ask your teacher or counselor for guidance and referral support.Contact the CBFY Settlement Worker for one-on-one assistance. Nimish Bhatt: Nbhatt@cbfy.ca
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STUDENT SUPPORTS - SUMMERTIME

Did you know you can still access supports from The Alex over the summer? Our Youth Health Clinic is a safe and supportive place for young people aged 12 to 24 to get trusted medical and social support from a team of professionals who care.

Youth Health Clinic

Doctors, nurse practitioners and nurses are available to provide medical care, sexual health support and mental health support.

- Same day medical appointments and walk-ins are often available. Please call ahead to ensure availability. Limited emergency, same day counselling is available by contacting the Youth Health Clinic (phone lines open at 9:30 a.m.).

Support available from social workers, peer support workers and Elders in our Youth Drop-In Space

- Food & Basic Needs Support
- Day/Evening Youth Groups
- Prenatal and parenting programs
- Access to computers & phones
- Case management
- LGBTQIA2S+ supports
- System navigation and referrals
- Indigenous & Elder support



Youth Health Clinic Hours

10:00 a.m. – 5:30 p.m., Mon – Fri

 403-520-6270

Drop-In Space Hours

11:00 a.m. – 5:00 p.m., Mon – Fri

 youthinfo@thealex.ca

Mental Health Counselling Services

Students will be able to access mental health counselling over the summer with Melissa or Muhammed (the counsellors from the bus). Appointments will be offered in person at the Youth Health Clinic and virtual throughout the summer. If you would like to book an appointment with Melissa or Muhammed, please contact us directly.

 (Call or Text) 403-689-9196

 youthhealthbus@thealex.ca

In an emergency or if you are in crisis, please call 911 or proceed to your nearest emergency room. If you need mental health support, please call the Distress Centre (24/7) at 403-266-4357.

www.thealex.ca

#104 2840 2 Ave SE (Blue Line LRT – Franklin Station)



RESEARCH PARTICIPANTS NEEDED

In a 60–90 minute session, you'll:
Share what matters to you in your community
Talk with U of C researchers & other youth
Help improve things for youth in your community



FREE \$25 GIFT CARD



Who Can Join:

- Ages 15–17
- Live in selected Calgary communities (see the list at the registration link)
- Want to share your thoughts

Registration and more info:



This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (Ethics ID: REB26-0684).
If you have questions, contact: youthhealth@ucalgary.ca



SUMMER VOLLEYBALL DAY CAMPS

Train. Compete. Grow.

PROGRAM HIGHLIGHTS

- ✓ Professional Coaching
- ✓ Daily Skill Development
- ✓ Team-Based Training
- ✓ Championship Friday

Girls and Boys Grade 6+

LEARN MORE



ALL Skill Levels Welcome!



Contact Us!

403-510-1784

hello@volleyballcalgary.ca
www.VolleyballCalgary.ca

