Calgary Board of Education

John G. Diefenbaker High School
6620 – 4th Street NW, Calgary, AB T2K 1C2 t | 403-274-2240 f | 587-933-9837
e | johngdiefenbaker@cbe.ab.ca






JOHN G.
DIEFENBAKER
HIGH SCHOOL
DO YOU HAVE A JOB RIGHT NOW?
WORK EXPERIENCE PROGRAM
DID YOU KNOW YOU CAN EARN HIGH SCHOOL CREDITS FOR THE HOURS YOU'RE ALREADY WORKING?
GET REAL-WORLD EXPERIENCE
EARN CREDITS TOWARD GRADUATION
BOOST YOUR RESUME
SKILLS
EXPERIENCE
FUTURE
SUCCESS
SEE >>> MR.COUTTS
ROOM 242 – STUDENT LEARNING CENTRE (LIBRARY)
OFFICE HOURS: MONDAY–FRIDAY
BLOCK 3
EMAIL ME IF YOU HAVE ANY QUESTIONS:
djcoutts@cbe.ab.ca
REAL EXPERIENCE. REAL SKILLS. REAL FUTURE.
#DIEFENBAKERPROUD

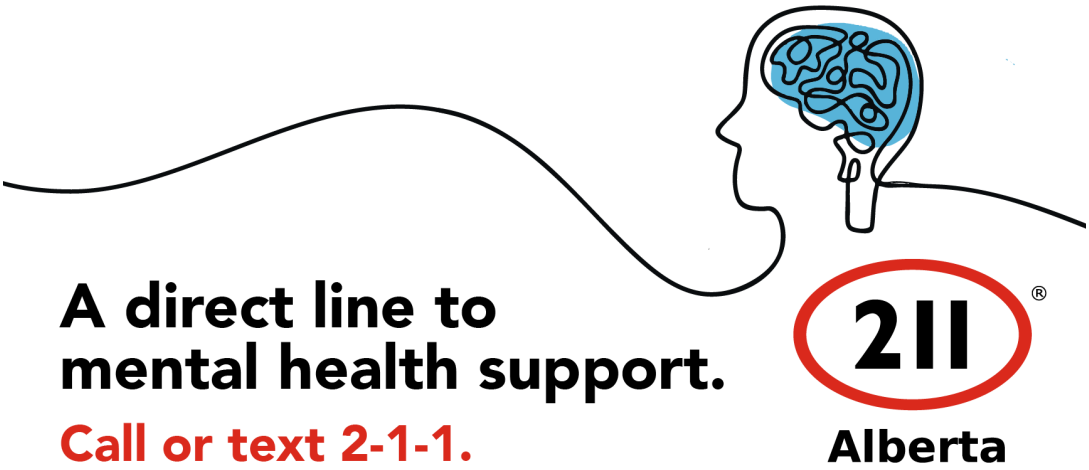
Calgary Bridge Foundation for Youth



www.cbfy.ca

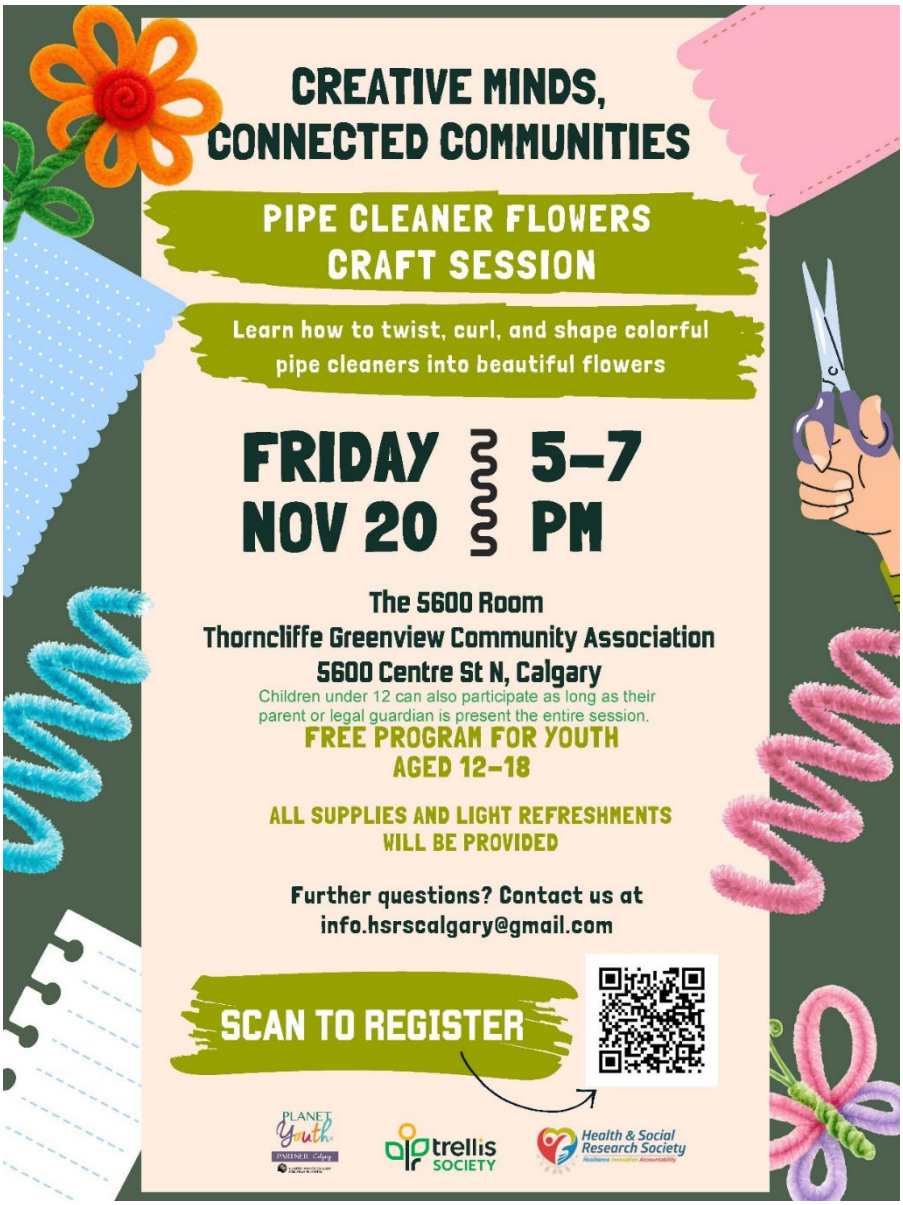
Funded by: Immigration, Refugees and Citizenship Canada
Financé par : Immigration, Réfugiés et Citoyenneté Canada

Free Community Resources






Outreach
Supporting families who have children with disabilities
• Supports families raising children ages 0 to 18 with developmental disabilities.
• Provides support to children experiencing social, emotional and/or behavioral challenges.
• Works collaboratively with families on specific goals.
• Provides parenting and behavioral strategies.
SCOPE
Who can we help...
To be eligible for Outreach, the child needs to have a confirmed diagnosis and experiencing social, emotional and/or behavioral challenges.
How can I get service?
Call 403-717-7691
Mission Statement
SCOPE Society of Alberta works in alliance with people with disabilities, their families and friends and other community members to understand problems and create solutions to personal and social justice issues.
Funded By
Family Support for Children with Disabilities (FSCD) Calgary Region Child and Family Services
SCOPE
Society of Alberta
219 18th Street S.E.
Calgary, Alberta, T2E 6J
403-509-0200 ph
403-291-4087 fax
www.scopesociety.ca


CREATIVE MINDS,
CONNECTED COMMUNITIES
PIPE CLEANER FLOWERS
CRAFT SESSION
Learn how to twist, curl, and shape colorful pipe cleaners into beautiful flowers
FRIDAY
NOV 20
5–7
PM
The 5600 Room
Thorncliffe Greenview Community Association
5600 Centre St N, Calgary
Children under 12 can also participate as long as their parent or legal guardian is present the entire session.
FREE PROGRAM FOR YOUTH
AGED 12–18
ALL SUPPLIES AND LIGHT REFRESHMENTS
WILL BE PROVIDED
Further questions? Contact us at
info.hsrscalgary@gmail.com
SCAN TO REGISTER
PLANET Youth
trellis SOCIETY
Health & Social Research Society



Youth Employment Centre

Resume workshops

Youth ages 14 – 24

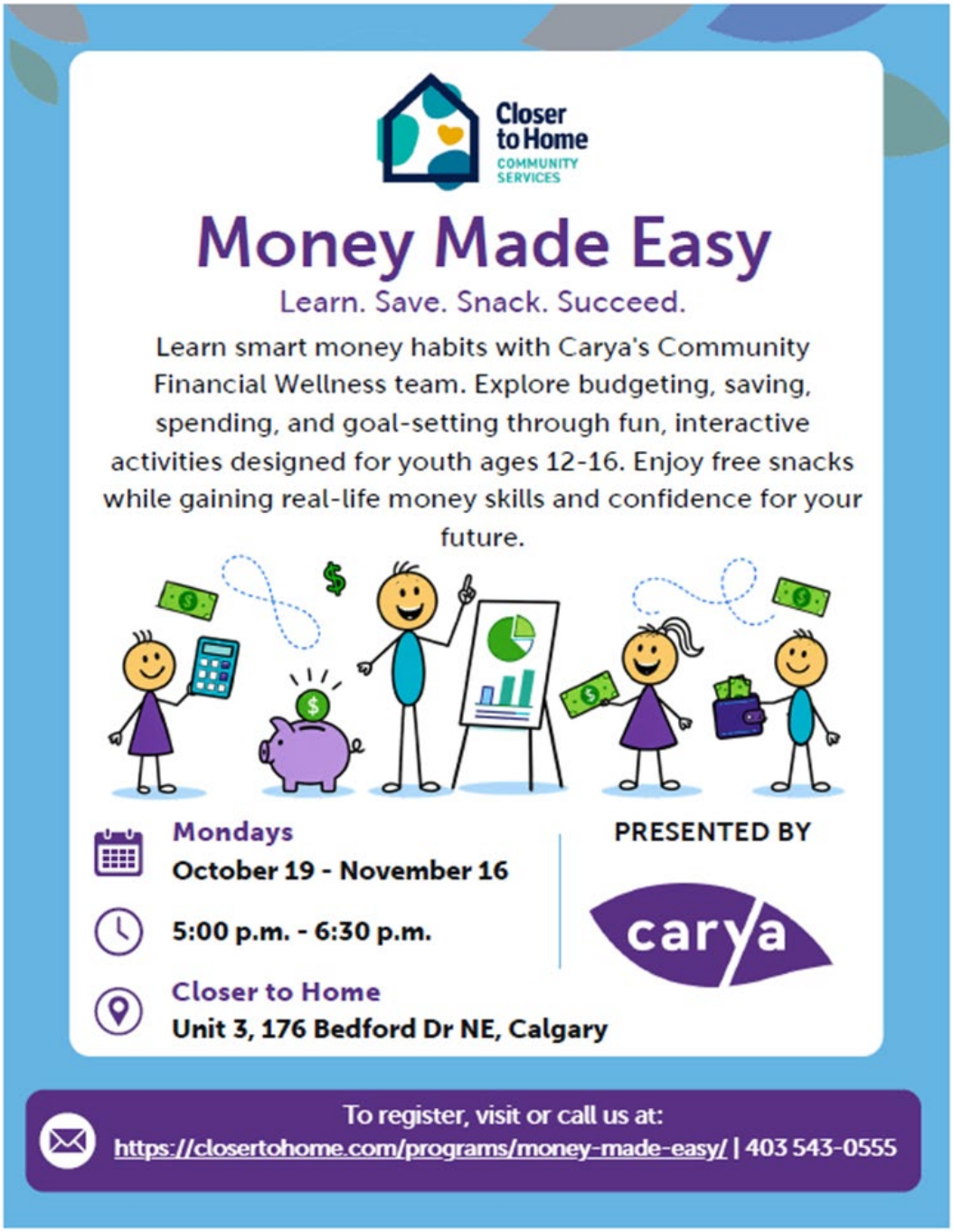
FREE resume building workshop. Get the latest insights, tips and resources from The City of Calgary Youth Employment Centre's team of experts.

Judith Umbach Library
November 12, 2026
2–3 p.m.

calgary.ca/**yec**

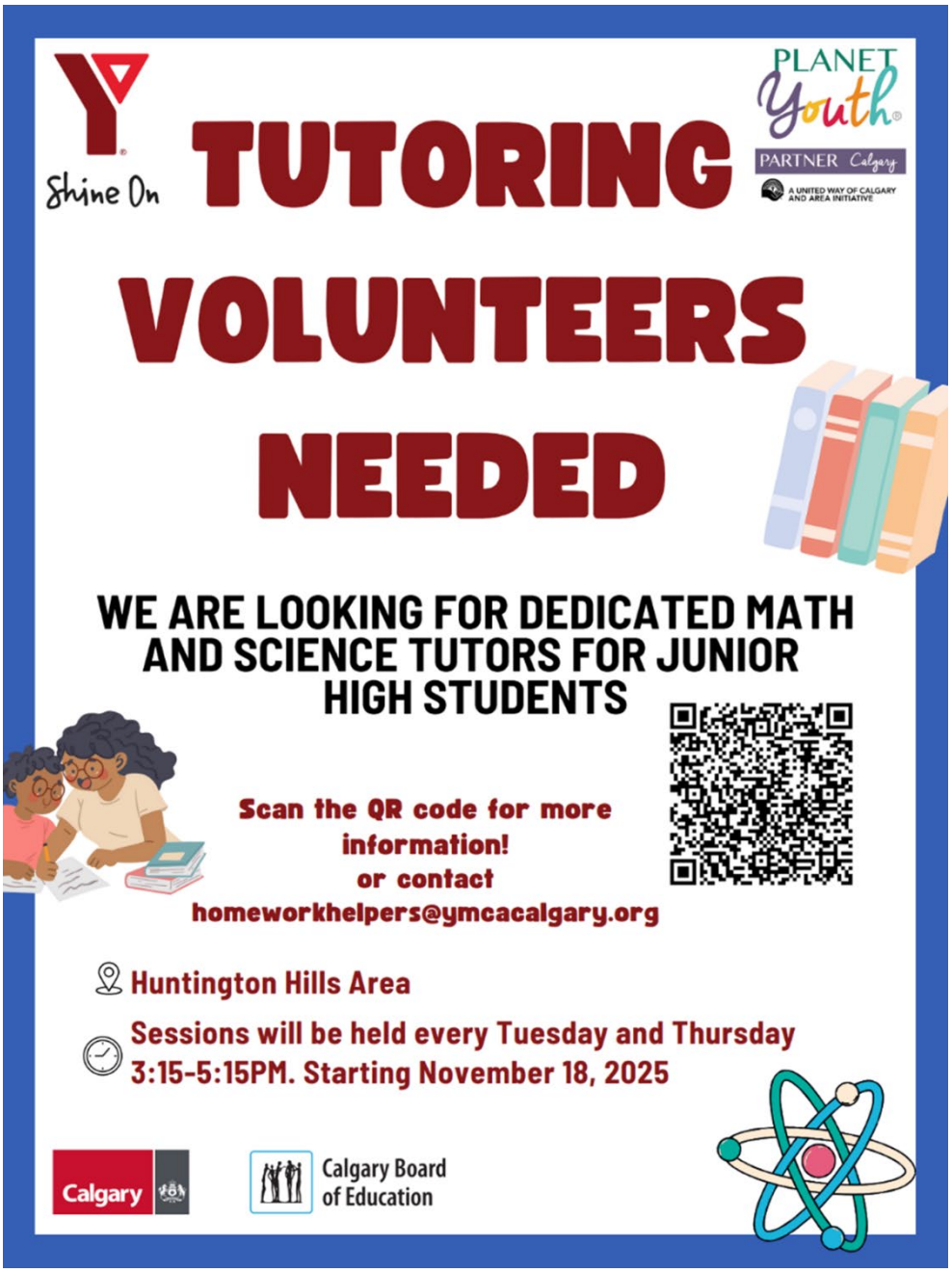
In partnership with Alberta Canada

Scan the QR code to register.


Closer to Home
COMMUNITY SERVICES
Money Made Easy
Learn. Save. Snack. Succeed.
Learn smart money habits with Carya's Community Financial Wellness team. Explore budgeting, saving, spending, and goal-setting through fun, interactive activities designed for youth ages 12-16. Enjoy free snacks while gaining real-life money skills and confidence for your future.
Mondays
October 19 - November 16
5:00 p.m. - 6:30 p.m.
Closer to Home
Unit 3, 176 Bedford Dr NE, Calgary
PRESENTED BY
carya
To register, visit or call us at:
https://closertohome.com/programs/money-made-easy/ | 403 543-0555


era.ca
electronic recycling association
9th Annual
KIDS
POSTER CONTEST
SHOW US YOUR CREATIVITY!
Small Devices Make a Big Difference!
REDUCE
REUSE
RECYCLE
Help our planet.
Create a better future!
ENTER FOR YOUR CHANCE TO WIN A LAPTOP!
ABOUT THE CONTEST
ERA's 9th Annual Kids Poster Contest invites students across Canada to get creative and show what Reduce, Reuse, Recycle means to them.
Submit an original poster for a chance to win a laptop and help inspire a more sustainable future!
CONTEST DETAILS
Contest Dates: September 1 – December 15, 2026
Open to: Students across Canada (Ages 5–18)
Prize: One laptop for the winning entry!
Theme: Reduce, Reuse, Recycle (Show us what it means to you!)
HOW TO ENTER
1 Create an original poster
Show us your ideas about Reduce, Reuse, Recycle!
2 Include your information
Full name, age, school name, city/province, and a parent/guardian's contact information.
3 Submit online
Upload a clear photo or scanned copy of your poster at:
www.era.ca/kids-poster-contest
Submissions must be received by December 15, 2026.
GET IN TOUCH
1-877-9EWASTE (1-877-939-2783)
info@era.ca
www.era.ca/kids-poster-contest
QUESTIONS? WE'RE HERE TO HELP!
CLEANER COMMUNITIES BRIGHTER TOMORROWS
Learn more at www.era.ca
Follow us:
Because e-waste matters.™


Calgary
JOIN US FOR
WOMEN'S MINGLE & MOVE
Celebrate Your Health & Wellness
7 – 8 PM Mondays
Thornhill Aquatic & Recreation Centre
Large Fitness Studio
(6715 Centre Street NW)
CARDIO & STRENGTH INTERVALS
Aug – 31
Sept – 14, 21 & 28
Oct – 5, 19 & 26
Nov – 2, 9, 16, 23 & 30
Dec – 7, 14, 21 & 28
Drop-In Fee Applies:
Adult (18-64) $9.20
Senior (65+) $6.40
REGISTRATION REQUIRED!
Text: 403-710-4229
ALL FITNESS LEVELS & ABILITIES WELCOME


Shine On
TUTORING
VOLUNTEERS
NEEDED
PLANET Youth
PARTNER Calgary
A UNITED WAY OF CALGARY AND AREA INITIATIVE
WE ARE LOOKING FOR DEDICATED MATH AND SCIENCE TUTORS FOR JUNIOR HIGH STUDENTS
Scan the QR code for more information!
or contact
homeworkhelpers@ymcacalgary.org
Huntington Hills Area
Sessions will be held every Tuesday and Thursday
3:15-5:15PM. Starting November 18, 2025
Calgary
Calgary Board of Education


FAMILY
GAMES
NIGHT
Bring your boardgames to share!!
FREE EVENT
Ages 6+
Fridays | 7 – 9 PM
Sept 18 | Oct 30
Nov 20 | Dec 18
Thornhill Aquatic & Recreation Centre
(6715 Centre street NW)
*Children under 12
must be accompanied by an adult
Register with Elysse:
Text: (403)710-4229
Email: elyssebyyc@gmail.com
Calgary


Calgary
COMMUNITY
CRAFT & CREATE
FREE – ALL WELCOME!
*formally crochet club
Bring your craft, connect, share, and learn together
Snacks & refreshments provided
Ages 6+ | Children under 12 must attend with an adult caregiver
FRIDAYS | 7-9 PM
Sept 11 & 25 | Oct 9 & 23
Nov 13 & 27 | Dec 11
Thornhill Aquatic & Rec Centre
6715 Centre Street NW
Register with Elysse:
Text: (403)710-4229
Email: elyssebyyc@gmail.com


Calgary
PLANET Youth
PARTNER Calgary
YOUTHFUL SATURDAY!
BOARD GAMES, ARTS & CRAFTS,
PIZZA, SNACKS & REFRESHMENTS
*OPTIONAL RECREATION ACTIVITY
FREE EVENT | AGES 12 - 17
SATURDAYS 1 - 3 PM
SEPT 26 | OCT 10 & 31
NOV 14 & 28 | DEC 5 & 19
Thornhill Aquatic & Rec Centre
(6715 Centre Street NW)
USE THE
QR CODE
TO REGISTER!
Questions?
E-Mail Ben at:
benjamin.miller@ymcacalgary.org

Dream it
Plan it
Build it

AI & TECH EDITION



Every Saturday
Starting Nov 14th

5:30pm to 8:30pm

Thorcliffe Greenview
Community Association

Join us for a Free 5-week program for youth ages 14–25 to build skills in creativity, problem-solving, goal setting, action planning, AI and technology, and public speaking.

STRUGGLE IS YOUR SUCCESS SIYS
UNEARTH YOUR POTENTIAL

PLANET Youth
PARTNER Calgary
A UNITED WAY OF CALGARY AND AREA INITIATIVE

SCAN ME

Join Now


YOU'RE NOT ALONE
CALL TOLL-FREE, 24 HOURS, 7 DAYS/ WEEK
Family Violence Info Line 310-1818
Bullying Helpline 1-888-456-2323
Child Abuse Hotline 1-800-387-5437
CHAT ONLINE NOON-8 PM, 7 DAYS/WEEK
familyviolence.alberta.ca
Alberta Government


Know your options.
Not every condition requires emergency.
811
Health Link at 811
Alberta Health Services


If you or someone you know is thinking about suicide
Call or Text 9-8-8
9-8-8 Suicide Crisis Helpline
www.988.ca



Want to support great ideas in Huntington Hills?

Neighbourhood Grants provide funding for activities focusing on: Social Inclusion, Economic Participation, Anti-Racism & Truth and Reconciliation

Our Neighbourhood Grants program is looking for community residents to volunteer on a Neighbourhood Advisory Committee in your community. Be a part of making a stronger Huntington Hills!

No previous committee experience is required.
You will work with other residents from your neighbourhood to review grants.
**Commitment is a few hours a month. Must be a resident of Huntington Hills.
Must be able to meet online.

For More Information, Contact:

Huntington Hills
CSW Tina Buchan
christina.buchan@calgary.ca

Follow the QR Code
To Learn More

trellis SOCIETY

YOUTH EMPLOYMENT WORKSHOP SERIES

ROOTED IN HOSPITALITY

6-WEEK WORKSHOP SERIES

Build confidence. Develop skills.
Prepare for the workplace.



Grow Skills, Build Futures

- Food Safety Certification
- ProServe Certification for Participants 18+
- Front & Back of House Skills
- Customer Service & Kitchen Safety
- Resume, Interview & Job Search Skills
- Workplace Rights, Wellness & Budgeting Skills
- Restaurant Simulations
- Paid Graduation Dinner Work Experience
- Cooking Kit Gift Upon Completion

PROGRAM DETAILS

WHO
- Age 16-22

DATES
- October 6 - November 12
- Tuesdays & Thursdays
- 5:00 - 7:00 PM

LOCATION
- Trellis Renfrew Hub
  731 13 Ave NE, Calgary

Ready to get started?

Space is limited. Apply or ask your Trellis worker for more information.

If you have any questions, please email us at employmentservices@growwithtrellis.ca