

## John G. Diefenbaker High School

6620 – 4<sup>th</sup> Street NW, Calgary, AB T2K 1C2

t | 403-274-2240 f | 587-933-9837

e | johngdiefenbaker@cbe.ab.ca

# Career and Community Resources | May 25 – May 29, 2026

## SUMMER OFF CAMPUS OPPORTUNITIES

Summer Off-Campus allows students to earn high school credits through paid or volunteer work in Calgary. Students must secure job placement and have HCS3000 completed.

Students without a job placement can apply with CAREERS for internships ([careersnextgen.ca](http://careersnextgen.ca)).

- Work Experience
- Internship
- Registered Apprenticeship Program (RAP)
- **Deadline: June 12, 2026.**

**How to apply for these programs:** Students meet with their Off-Campus Coordinator – Mr. Coutts.

## SAIT Program Updates

There are still a few spots available for these two programs. Contact Mr. Coutts at [djcoutts@cbe.ab.ca](mailto:djcoutts@cbe.ab.ca) ASAP if you are interested.

**Applications need to be submitted right away.**

# BUILD YOUR FUTURE.



LEARN. BUILD. SUCCEED. IN THE TRADES.

**DUAL CREDIT PRE-EMPLOYMENT PIPE TRADES PROGRAM**  
AT SOUTHERN ALBERTA INSTITUTE OF TECHNOLOGY



A FEW SPOTS STILL OPEN!

**GO TO SAIT NEXT YEAR**  
LEARN FROM INDUSTRY PROFESSIONALS.

**WHAT YOU'LL LEARN:**

- PIPEFITTING TECHNIQUES
- PLUMBING SYSTEMS
- SOLDERING & BRAZING
- BLUEPRINT READING
- JOBSITE SAFETY TRAINING
- INDUSTRY TOOLS & PRACTICES

**WHY JOIN?**

- ✓ EARN UP TO **15** HIGH SCHOOL CREDITS
- ✓ TRAIN AT SAIT
- ✓ EXPLORE CAREERS IN THE PIPE TRADES AND SKILLED TRADES
- ✓ GAIN EXPERIENCE BEFORE GRADUATION
- ✓ LEARN IN PROFESSIONAL SHOPS AND LABS FROM EXPERIENCED INSTRUCTORS

**PERFECT FOR:**

- GRADE 11 OR 12 STUDENTS WHO:
- ENJOY WORKING WITH THEIR HANDS
  - WANT A CAREER IN THE TRADES
  - ARE INTERESTED IN PLUMBING, PIPEFITTING, AND MECHANICAL SYSTEMS

*BUILD SKILLS. BUILD CONFIDENCE. BUILD YOUR FUTURE.*

**LIMITED SPOTS REMAINING!**  
DON'T MISS YOUR CHANCE TO START YOUR TRADES JOURNEY NEXT YEAR.

**APPLY OR LEARN MORE TODAY!**  
[cbe.ab.ca/programs/high-school/unique-pathways-and-off-campus-education/Pages/dual-credit-pre-employment-pipe-trades.aspx](http://cbe.ab.ca/programs/high-school/unique-pathways-and-off-campus-education/Pages/dual-credit-pre-employment-pipe-trades.aspx)

# BUILD YOUR FUTURE.



LEARN. BUILD. SUCCEED. IN THE TRADES.

**DUAL CREDIT PRE-EMPLOYMENT CARPENTRY PROGRAM**  
AT SOUTHERN ALBERTA INSTITUTE OF TECHNOLOGY



A FEW SPOTS STILL OPEN!

**GO TO SAIT NEXT YEAR**  
LEARN FROM INDUSTRY PROFESSIONALS.

**WHAT YOU'LL LEARN:**

- BLUEPRINT READING
- CONSTRUCTION THEORY
- HANDS-ON CARPENTRY SKILLS
- JOBSITE SAFETY TRAINING
- REAL INDUSTRY TECHNIQUES

**WHY JOIN?**

- ✓ EARN UP TO **15** HIGH SCHOOL CREDITS
- ✓ TRAIN AT SAIT
- ✓ EXPLORE CAREERS IN CONSTRUCTION AND SKILLED TRADES
- ✓ GAIN EXPERIENCE BEFORE GRADUATION
- ✓ LEARN IN PROFESSIONAL SHOPS AND LABS FROM EXPERIENCED INSTRUCTORS

**PERFECT FOR:**

- GRADE 11 OR 12 STUDENTS WHO:
- ENJOY WORKING WITH THEIR HANDS
  - WANT A CAREER IN THE TRADES
  - ARE INTERESTED IN CONSTRUCTION, CARPENTRY, OR CABINETMAKING

*BUILD SKILLS. BUILD CONFIDENCE. BUILD YOUR FUTURE.*

**LIMITED SPOTS REMAINING!**  
DON'T MISS YOUR CHANCE TO START YOUR TRADES JOURNEY NEXT YEAR.

**APPLY OR LEARN MORE TODAY!**  
[cbe.ab.ca/programs/high-school/unique-pathways-and-off-campus-education/Pages/dual-credit-pre-employment-carpentry.aspx](http://cbe.ab.ca/programs/high-school/unique-pathways-and-off-campus-education/Pages/dual-credit-pre-employment-carpentry.aspx)



## Chinook Work Experience

See Mr. Coutts if interested [djcoutts@cbe.ab.ca](mailto:djcoutts@cbe.ab.ca)

chinook  
learning  
services

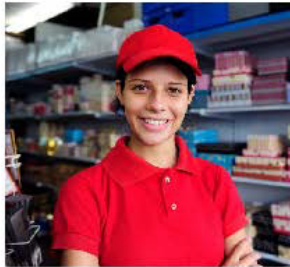
# Earn High School Credits on the Job!



You could be eligible to **earn high school Work Experience credits** toward your Alberta High School Diploma!

### You must be:

- at least 15 years of age
- currently enrolled in a Calgary Board of Education high school (grades 10, 11 or 12)
- working in a paid or volunteer position



Interested students must register for Work Experience 15-25-35 through **Chinook Learning Services**.

[chinook learning services](#)



## Learn More

- **Scan** the QR Code
- **Visit** Chinook's website:  
[ChinookLearningServices.com/OffCampus.html](http://ChinookLearningServices.com/OffCampus.html)
- **Email** [CLS-SIS-OC@cbe.ab.ca](mailto:CLS-SIS-OC@cbe.ab.ca)



## BRIDGES TO A BETTER LIFE

Supporting Youth Transitioning Out of High School  
www.cbfy.ca

### ABOUT THE PROGRAM

The Bridges to a Better Life program, delivered by the Calgary Bridge Foundation for Youth (CBFY), supports immigrant and newcomer youth transitioning out of high school — whether due to age limits or limited school space.

### WHAT CBFY OFFERS

<b>Resource Connection</b> Connect you with services and programs outside of high school	<b>One-on-One Support</b> Personalized guidance and mentorship tailored to your goals	<b>Application Help</b> Assistance navigating the application process for programs and jobs
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### PATHWAYS & OPPORTUNITIES

<b>Language Schools</b> <ul style="list-style-type: none"><li>Chinook Learning Center, Columbia College, Bow Valley College, Equilibrium School</li></ul> <b>High School Upgrading</b> <ul style="list-style-type: none"><li>Chinook Learning Center, Fusion Collegiate, Discovering Choices, Bow Valley College, SAIT</li></ul>	<b>Employment Support Services</b> <ul style="list-style-type: none"><li>Resume writing &amp; interview prep, job search and application support</li><li>Referral agencies: Youth Employment Center, Prospects, Carrers</li></ul> <b>Additional Support</b> <ul style="list-style-type: none"><li>Computer/technology access, referrals to other community services</li></ul>
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### SPECIALIZED PROGRAMS & ALBERTA SUPPORTS

<b>Students with Special Needs (IPP)</b> <ul style="list-style-type: none"><li>College education with support (Bow Valley College, SAIT, U of C Continuing Ed)</li><li>Inclusive College Program via IPSE — inclusive education and employment</li></ul> <b>Employment Support (Disability)</b> <ul style="list-style-type: none"><li>Vecova (employment, housing, mental health, community),</li><li>Calgary Alternative Employment Services (CAES),</li><li>Prospect Human Services</li></ul>	<b>Alberta Funding &amp; Benefits</b> <b>AISH (Financial Support)</b> Monthly income support + health benefits <b>PDD (Disability Support Program)</b> Life skills programs, job support, community support
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### FINAL MESSAGE & NEXT STEPS

<b>Every youth has a future.</b> With the right support: <ul style="list-style-type: none"><li>They can learn</li><li>They can work</li><li>They can live independently</li></ul>	<b>Your Next Steps:</b> <ol style="list-style-type: none"><li>Ask your teacher or counselor for guidance and referral support.</li><li>Contact the CBFY Settlement Worker for one-on-one assistance. <b>Nimish Bhatt: Nbhatt@cbfy.ca</b></li></ol>
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# STUDENT SUPPORTS - SUMMERTIME

Did you know you can still access supports from The Alex over the summer? Our Youth Health Clinic is a safe and supportive place for young people aged 12 to 24 to get trusted medical and social support from a team of professionals who care.

## Youth Health Clinic

Doctors, nurse practitioners and nurses are available to provide medical care, sexual health support and mental health support.

- Same day medical appointments and walk-ins are often available. Please call ahead to ensure availability. Limited emergency, same day counselling is available by contacting the Youth Health Clinic (phone lines open at 9:30 a.m.).

Support available from social workers, peer support workers and Elders in our Youth Drop-In Space

- Food & Basic Needs Support
- Day/Evening Youth Groups
- Prenatal and parenting programs
- Access to computers & phones
- Case management
- LGBTQIA2S+ supports
- System navigation and referrals
- Indigenous & Elder support



### Youth Health Clinic Hours

10:00 a.m. – 5:30 p.m., Mon – Fri

 403-520-6270

### Drop-In Space Hours

11:00 a.m. – 5:00 p.m., Mon – Fri

 [youthinfo@thealex.ca](mailto:youthinfo@thealex.ca)

## Mental Health Counselling Services

Students will be able to access mental health counselling over the summer with Melissa or Muhammed (the counsellors from the bus). Appointments will be offered in person at the Youth Health Clinic and virtual throughout the summer. If you would like to book an appointment with Melissa or Muhammed, please contact us directly.

 (Call or Text) 403-689-9196

 [youthhealthbus@thealex.ca](mailto:youthhealthbus@thealex.ca)

In an emergency or if you are in crisis, please call 911 or proceed to your nearest emergency room. If you need mental health support, please call the Distress Centre (24/7) at 403-266-4357.

[www.thealex.ca](http://www.thealex.ca)

#104 2840 2 Ave SE (Blue Line LRT – Franklin Station)



# Free Community Events/Resource



**CLOSER TO HOME'S FOURTH ANNUAL**  
**All My Relations Healing Powwow**

**When:** Saturday, May 23, 2026, from 1 to 7 PM  
*Dancer registration is not required*

**Grand Entry at 1 PM; Doors at 12 PM**

**Where:** Genesis Centre (7555 Falconridge Blvd NE)

**FREE ENTRY!**

**Host Drum:** Sorrel Rider  
**Invited Drums Only:** Yung Gunz YGZ, Backroad Bandits, Bearchild JRZ  
**Drum Boss:** Darcy Turning Robe  
 Dennis Lightning (MC), Christopher Pegram (MC)  
 and Peter Favel (Arena Director)

**Trina Turning Robe "Kakatos'akii" 18+Womens Fancy Dance Memorial**

Traditional Dance Categories Specials:		
<b>TINY TOTS</b>	<b>7 BOYS + GIRLS JUNIOR CATEGORIES</b>	<b>2 MEN + WOMEN 50+ CATEGORIES</b>
<ul style="list-style-type: none"> <li>• OPEN TO 50 KIDS</li> <li>• EACH WILL RECEIVE \$5</li> </ul>	<ul style="list-style-type: none"> <li>• FIRST PLACE: \$400</li> <li>• SECOND PLACE: \$200</li> <li>• THIRD PLACE: \$100</li> </ul>	<ul style="list-style-type: none"> <li>• FIRST PLACE: \$750</li> <li>• SECOND PLACE: \$500</li> <li>• THIRD PLACE: \$300</li> </ul>
<b>7 BOYS + GIRLS TEEN CATEGORIES</b>	<b>7 MEN + WOMEN ADULT CATEGORIES</b>	<b>MEN'S BUCKSKIN</b>
<ul style="list-style-type: none"> <li>• FIRST PLACE: \$500</li> <li>• SECOND PLACE: \$300</li> <li>• THIRD PLACE: \$200</li> </ul>	<ul style="list-style-type: none"> <li>• FIRST PLACE: \$750</li> <li>• SECOND PLACE: \$500</li> <li>• THIRD PLACE: \$300</li> </ul>	<ul style="list-style-type: none"> <li>• FIRST PLACE: \$500</li> <li>• SECOND PLACE: \$300</li> <li>• THIRD PLACE: \$200</li> </ul>

For any inquires about the Powwow, please email [events@closerhome.com](mailto:events@closerhome.com)

**THANK YOU TO THIS YEARS SPONSORS!**



**Sysco**  
At the heart of food and service



**SOUTHBOW**



**servus**  
credit union



**Calgary**



**TC Energy**



**TOURMALINE**



**ALBERTA BLUE CROSS**



**Calgary Homeless FOUNDATION**

IN PARTNERSHIP WITH



**Closer to Home**  
COMMUNITY SERVICES



# FAMILY GAMES NIGHT

Bring your  
boardgames  
to share!!

FREE EVENT  
Ages 6+

**Fridays 7 - 9 PM**

March 27<sup>th</sup>, April 24<sup>th</sup>

May 22<sup>nd</sup> & June 19<sup>th</sup>

**Thornhill Aquatic & Recreation Centre  
(6715 Centre street NW)**

**\*Children under 12**

**must be accompanied by an adult**

**Register with Elysse:**

Text: (403)710-4229

Email: [elyssebyyc@gmail.com](mailto:elyssebyyc@gmail.com)



The ER Teens program is open to youth ages 13-18 and offers flexible, real-world ways to take environmental action. Participants complete hands-on projects at home, at school, or within their community, building leadership skills while making a positive local impact.



# MAKE A REAL IMPACT!

## Take action for the environment

Are you 13-18 and care about the environment? Join ER Teens to work on hands-on projects that make a real difference in your community. We've got the tools, you bring the action.

**Create real change.**  
**Earn volunteer hours.**  
**Help the planet.**



### SIGN UP HERE

Your voice matters — get involved & make it count!



Meet Alex! He led a neighbourhood collection to help his community recycle batteries.  
**What will you do?**

## Connect with us



[earthrangers.com/erteens](http://earthrangers.com/erteens)



[erteens@earthrangers.com](mailto:erteens@earthrangers.com)



[er.teens](https://www.instagram.com/er.teens)

ER Teens is generously supported by **Tangerine**  
Forward Banking





Mayor's Youth Council Presents

# Feature-a-Founder

Shining a spotlight  
on youth innovators  
around Calgary.

## Founded a youth-led initiative?

Built a small business, non-profit, club, or  
community project?

Apply to Feature-A-Founder for a chance to  
be spotlighted on Youth Are Awesome and  
Youth Central



Open to youth ages 12 - 18  
Apply Today!





# SUMMER VOLLEYBALL DAY CAMPS

Train. Compete. Grow.

## PROGRAM HIGHLIGHTS

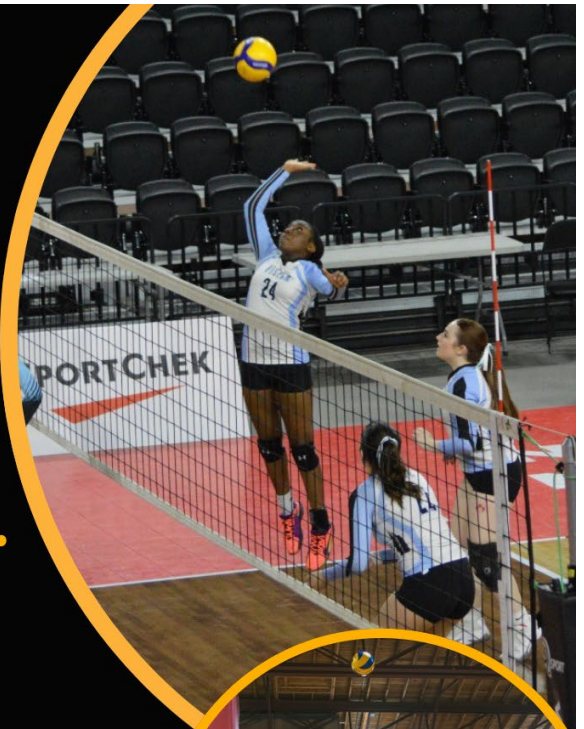
- ✓ Professional Coaching
- ✓ Daily Skill Development
- ✓ Team-Based Training
- ✓ Championship Friday

Girls and Boys Grade 6+

## LEARN MORE



ALL Skill Levels Welcome!



Contact Us!

403-510-1784  
hello@volleyballcalgary.ca  
www.VolleyballCalgary.ca